

Advertorial

Bowen Therapy – a Runaway Success

That was certainly the case for competitive runner (INSERT NAME), due to take part in a punishing ‘tough mudder’ race. Fearing he’d have to pull out due to intense leg pain, (INSERT FIRST NAME) sought out Bowen Practitioner Rosslyn McNally for help. After just one visit he called her to say a heartfelt “Thank you“. Pain free, he’d been able to train and compete.

“I was delighted to be able to help (INSERT FIRST NAME) to enjoy the sport he loves.” says Rosslyn. “I’m passionate about making a difference.” Whether someone’s suffering with sports injury or other physical or emotional pain, The Bowen Technique can be tailored to client’s needs. “Whether it’s back pain, shoulder problems, sciatica, or something else, that’s stopping you from working or living your life because of pain” she says “Then maybe Bowen can help”.

Plasterer (INSERT NAME) agrees. “I was unable to do my job properly because of intense shoulder and foot pain.” He says. “I was astonished by the results. Both my shoulder and my plantar fasciitis were fixed really quickly...something that would usually take months!”

Like many practitioners, Rosslyn’s personal experience has cemented her faith in the technique. “I suffered for years with back and shoulder problems and nothing else had helped. Bowen has made a tremendous difference to my life, and now it is my career too” says Rosslyn.

“I believe my job is to help as many people as possible get relief from pain and improve their mobility, whether they’ve suffered for years, or experienced recent injury. With Bowen, I feel I have finally found my passion and purpose in life!”

The Bowen Technique is a gentle therapeutic treatment offering significant relief from a variety of conditions. A treatment consists of a series of light moves on skin or through light clothing with the client usually lying on a treatment couch, although it is possible to be treated seated. For more information contact The Bowen Association UK by visiting www.bowenassociation.co.uk or to make an appointment for a consultation with Bowen Technique Practitioner, Rosslyn McNally, telephone: Or email

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